Gender Transition Surgery: Dreams Turned to Nightmares

Analysis by Dr. Joseph Mercola May 20, 2023

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STORY AT-A-GLANCE

* Children are increasingly lured into "gender-affirming" hormone therapy and sex reassignment surgeries, are never given appropriate informed consent, and they have no idea what they're getting themselves into. Many adults even underestimate how difficult and painful it will be

* All it takes for a young girl to start the gender transition process to become a boy is a letter of support from a therapist. Typically, the therapist will write a letter of support after just one or two visits. Next, she'll be sent to an endocrinologist who, after a single visit, will prescribe her testosterone

* Some gender transition centers don't even require any kind of mental health assessment, and several Planned Parenthood clinics are apparently handing out hormone replacement therapy (HRT) prescriptions on the first visit

* While some pro-trans advocates insist HRT is harmless and reversible once you quit taking the hormones, this simply isn't true. The effects of testosterone on a girl can be both profound and permanent, and can be seen within a matter of months

* The transgender movement is a stepping stone in the transhumanist agenda. Ultimately, the goal is to get rid of flesh and blood bodies altogether and have our existence either within a synthetic body or as disembodied avatar in cyberspace, or both. Turning humanity into misgendered people incapable of natural reproduction is merely a first step in that direction

The HORRORS of TRANSITIONING!

https://youtu.be/pmARroLwhI8 (15 minutes)

In the video above, WhatsHerFace Entertainment dives into the "unspoken reality of transgender sexual reassignment surgery and all of the pain, regret and horrors it entails."

Most clear-headed adults would realize that surgically and chemically altering your anatomy from male to female, or female to male, is a complex and painful process. The problem is that it's typically not levelheaded adults making the decision to undergo gender reassignment. It's primarily children who are being pushed into it, and they have no idea what they're getting themselves into. Many adults don't even realize how difficult and painful it will be.

As reported by WhatsHerFace, all it takes for a young girl to start the gender transition process to become a boy is a letter of support from a therapist. Typically, the therapist will write a letter of support after just one or two visits. Next, she'll be sent to an endocrinologist who, after a single visit, will prescribe her testosterone.

While that's alarmingly lax enough, some gender transition centers have cut through even that tiny bit of red tape. Some don't require any kind of mental health assessment, and a number of Planned Parenthood clinics are apparently handing out hormone replacement therapy (HRT) prescriptions on the first visit.

Hormone Replacement Therapy (HRT) Is Not Harmless

While some pro-trans advocates insist that HRT is harmless and completely reversible once you quit taking the hormones, this simply isn't true.¹ As reported by WhatsHerFace, the effects of testosterone on a girl can be both profound and permanent and can be seen within a matter of months. Effects of high-dose testosterone treatment include:

- * Voice deepening
- * Facial hair growth
- * Hair loss, receding hairline, balding
- * Increased libido
- * Sexual dysfunction
- * Increased aggression and unpredictable moods
- * Sterility
- * Enlargement of clitoris
- * Vaginal atrophy

As noted by Cleveland Clinic,² many of these changes persist even if you completely stop taking testosterone. Can a child or teenager fully comprehend what sterility might mean to them later in life? I don't think so. I also don't think they can comprehend how other physical and emotional changes might affect them, such as going bald.

Other types of hormone therapy include puberty blockers, which are given to children who have not yet entered puberty. These drugs delay the onset of sex characteristics associated with the gender you were at birth.

What's particularly shocking is that the adults steering them toward gender reassignment don't make it a point to thoroughly inform them about the difficulties they might face. Overall, I don't think children and teens are capable of making the decision to transition, and encouraging or facilitating it really ought to be illegal.

Double-Mastectomies Performed at 15

While you're considered too immature to get a full, unrestricted driver's license until you're 18, and can't drink alcohol until you're 21, "gender-affirming" sex hormone therapy can begin as early as 14,³ girls who think they're boys can get a double-mastectomy at the age of 15, and full sex reassignment surgery is available at age 17 or 18, depending on the procedure, although the World Professional Association for Transgender Health is advocating for surgeries as early as 15.⁴

The Boston Children's Hospital requires you to be 17 to undergo vaginoplasty, where a boy's penis, testicles and scrotum are removed and a vagina is created, and 18 to undergo phalloplasty, the surgical construction of a penis, or metoidioplasty, where testosterone is used to enlarge the clitoris, from which a small penis is then constructed. Prosthetic testicles are also added in both of those cases.

Understanding Female-to-Male Reassignment Surgery

When a biological woman decides to surgically become a man, she'll undergo phalloplasty, which involves taking large sections of skin from her forearms and/or thigh to fashion a penis. As you can see from the images included in WhatsHerFace's video, this will leave a very large unsightly scar on one or both forearms, and while the donation site heals, there's always a risk of infection.

Since the donation site needs to be hairless, electrolysis must first be performed. If electrolysis fails and hair grows back in the donated skin, the trans male may struggle with painful hair growth inside his urethra for the rest of his life.

Trans men who are on testosterone also face gynecological challenges, especially vaginal dryness, and vaginal atrophy, which can be very painful. Pelvic pain and bacterial vaginosis are other commonly reported issues.^{5,6}

Understanding Male-to-Female Reassignment Surgery

During vaginoplasty, which is where a biological male surgically transitions to female, the surgeon will use skin from the patient's scrotum to create a vaginal canal. If additional skin grafts are needed, they'll use skin from the sides of their abdomen.

Before the skin grafts are taken, he must undergo electrolysis on the chosen donor sites. However, electrolysis does not always permanently eliminate hair growth, especially not male hair growth, which tends to be more profuse, and if the hair grows back, the trans male can end up with hair growing in his vaginal canal.

Vaginoplasties aren't always successful, and if they must be redone, a part of the patient's colon will typically be used instead. A downside of this procedure, called colovaginoplasty, is an offensive discharge odor.

After vaginoplasty, the patient must then dilate the vagina on a daily basis. This basically entails stretching (dilating) the vagina using a lubricated dildo to prevent it from sealing shut. Your body basically views this new opening as a wound and will do what it can to heal it. Trans women must do this several times a day for the rest of their lives.

Dreams That Nightmares Are Made Of

Dilation is one of the challenges of male-to-female sex reassignment surgery (SRS) that most people underestimate. Here's one testimony included in WhatsHerFace's video.

"Three months ago, I started this 'dream' (nightmarish hell) that is SRS ... Dilating is Hell, everything is sensitive or sore, my ... leg movements are, while better than before, still pretty limited. I feel constant stinging and burning sensations pretty much around the clock in my crotch area. This is probably the most suicidal I've ever been since before I actually transitioned. This 'vaginal canal' (which is actually a f^{***ing} open wound) has given me nothing but grievances and Jesus f^{***} am I tired of it.

I've actually been considering asking my surgeon whether or not it's possible to just close this pseudo-vaginal canal or just get rid of it all together. I wish somebody had told me even just a third of what a hellride this was going to be. But nobody did. And now I'm stuck with this nightmare.

I'm pretty much considering just stopping dilation. 'The canal will shrink,' so what? Maintaining it is pretty much keeping my whole ... life prisoner of this thing. While I didn't like what I had before, at all, it still allowed me freedom ... For comparison, this shit is like going from parole straight into solitary confinement."

Sure, you might think, but that's just recovery. Eventually, all will be well. Maybe, maybe not. Here are the words of a trans female who is still struggling three years after her vaginoplasty.

"Suicidal thoughts. Three years post-op SRS and still having discharge and pain ... I had SRS in 2016, August ... and I'm experiencing discharge and pain again from my neovagina after it had gone away for two years. Orgasming is very difficult these days and when I do I feel less than half of what I used to feel down there.

I am normally a very strong person who doesn't easily give up but over the last couple of weeks I find myself crying myself asleep almost every night. Wondering why I had to get this surgery.

Since the surgery I haven't dated anyone and everyone I have been on a date with turned me down diplomatically when I came out and discussed that I have a neovagina. I'm not saying no one should get this surgery and I'm sure there are people who have amazing results but far too often I hear that people experience complications from SRS.

I find life very draining these days. I have to clean my vagina with isobetadine to keep smell away and to keep the discharge at bay. I have to dilate once a day still. I should have thought things more carefully through. I thought SRS was a wonderful end point to a difficult journey. It opened up a whole other can of worms.

I could have just had anal sex and left my genitals alone and maybe have the testicles removed. Doing something so taxing as having the tissues inverted turned out to be such a bad idea. I wish I could just have the vagina closed up at this point. I don't see myself ever having sex again either way. I know I should be grateful for having had a surgery of 22,000 CAD paid for by the government. But I feel lied to. I feel so stupid."

Parents Are Removed From the Equation

Consider those words, and then consider that pro-trans ideology is now being openly taught in kindergarten through high school across the U.S. Children are being brainwashed into thinking they can choose their own gender and that it's as easy to switch genders as it is to switch clothes. It's not.

Yet, the horrors of SRS are being so well hidden that neither parents nor their trans children understand what's in store, both in the short and long term. While there are cases where everything goes right and the boy or girl finally feels "complete" after SRS,⁷ there seem to be far more cases where they end up even more miserable.

What's worse, some states, like Washington, are considering laws that severely infringe on parent's rights to be involved in their child's decision to transition. For example, as reported by ZeroHedge:⁸

"April 12 [2023], House lawmakers debated Senate Bill 5599,⁹ which creates an exemption for the state that grants it the right to not be required to notify parents of minors who have left their homes because their parents wouldn't let them pursue gender transition medical procedures ...

Republican state **Rep. Chris Corry said the bill 'erodes parental rights in the state of Washington.'** 'Essentially what the bill would do would be if a child left a parents' home for certain medical care and went to a shelter or host family, **that shelter or host family would not be required to notify the parents of their child's whereabouts**,' Corry said.

'This is obviously a fundamental violation of parental rights and something that's deeply concerning for parents across Washington state.' State Rep. Peter Abbarno, a Republican, said the crux of the debate over the bill was whether the state be permitted to 'essentially hide where the child is.'

Most parents, Corry said, would 'go to the ends of the earth to find their child' if they disappeared after an argument. 'And the fact that we have a bill that may become law that would say, 'we're not going to tell you,' was really just a bridge too far for us,' Corry said.

Corry told The Epoch Times that, under the bill, a disagreement between a child and parents over the child's desire for a medical transition constitutes 'abuse and neglect,' only because the parent hasn't 'properly affirmed what the child wants.'

Corry said there are already laws that protect children from abuse and neglect in the state that **require 'solid and compelling reasons'** why children would need to be removed from their homes. 'What's frustrating is even in those cases, the parents still have a right to know where their kids are after they've been removed,' Corry said. 'In this case, parents would have no idea.'"

Rapid-Onset Gender Dysphoria: A Social Contagion

According to the World Professional Association for Transgender Health, data from Western countries suggest gender dysphoria is now at 8% among children,¹⁰ compared to just a fraction of a percent among older adults.¹¹

Kids who question their gender but aren't good candidates for permanent transitioning may be as high as 1 in 5!¹² In the U.S., research suggests 5% of 18- to 29year-olds identify as trans, compared to 1.6% of 30- to 49-year-olds and only 0.3% of those 50 and older.¹³

How is this even possible? How is it that so many young people are suddenly gender confused? Social pressure appears to have a lot to do with it, and that includes pressure from adults, such as school teachers. But widespread trauma may also play a role.

According to a 2018 transgender identity study¹⁴ described in Psychology Today,¹⁵ "rapid-onset gender dysphoria" (ROGD) "appears to be a novel condition that emerges from cohort and contagion effects and novel social pressures."

As such, its etiology and epidemiology is distinct from conventional gender dysphoria described in the Diagnostic and Statistical Manual of Mental Disorders (DSM). Remarkably, 80% of the teens identifying as transgender were girls identifying as boys.

Not surprisingly for those of us who understand how the internet is being used to manipulate impressionable minds, 63.5% of parents reported that shortly before their child announced they were trans, they'd noticed a marked increase in social media consumption. In particular, parents had noticed their child was following popular YouTubers who discussed their transition.

Signs of Indoctrination

Among the many surprises discovered in that study, the investigator, Dr. Lisa Littman, a behavioral scientist at Brown University, found that one of the many beliefs espoused by these trans teens was that anyone who isn't specifically transgendered is "evil," including gays and lesbians. As reported by Psychology Today:¹⁶

"Parents further reported being derogatorily called 'breeders' by their children, or being routinely harassed by children who played 'pronoun-police.' The observation that they no longer recognized their child's voice came up time and again in parental reports.

In turn, the eerie similarity between the youth's discourse and trans-positive online content was repeatedly emphasized. Youth were described as 'sounding scripted,' 'reading from a script,' 'wooden,' 'like a form letter,' 'verbatim,' 'word for word,' or 'practically copy and paste.'''

To me, the fact that trans teens sound like carbon-copies of each other is a sign of indoctrination. A script has been unleashed, and trans activists are repeating that script with the aim of indoctrinating its audience. We saw the same thing happen during COVID. Mainstream media repeated the script of the official COVID narrative, word for word, day in and day out. Repetition — that's how you indoctrinate people.

Now, we also have the added pressures of corporations that view the trans agenda as a cash cow (although most who have gone that route are finding out the hard way

that trans is still a tiny minority of their customer base, and the rest are not willing to encourage the fomentation of a mental health problem).

Even if corporate CEOs aren't gung-ho about the trans agenda, many are lured in that direction because they want to optimize their corporate equality index (CEI).

Is Transgenderism a Maladapted Collective Stress **Response?**

That said, Littman hypothesized that ROGD may be a maladaptive coping mechanism for other underlying mental health issues or trauma. In essence, it may be a form of maladapted collective stress response. Psychology Today wrote:¹⁷

"It is clear from Littman's study that the rise of rapidonset gender dysphoria, which seems to predominantly involve natal females, points to a complex web of social pressures, changing cultural norms, and new modes of distress and coping that warrant further investigation. For parents, educators, and clinicians alike, caution is warranted in dealing with this growing phenomenon."

Cui Bono?

So, who benefits from this maladaptive groupthink?

Primarily, that would be hospitals, doctors and surgeons conducting gender reassignment surgeries, and, of course, Big Pharma. The cost for a complete sex change costs, on average, \$132,000, but can run as high as \$200,000 to \$300,000 by the time everything is said and done.

Dr. Robert Malone¹⁸ recently calculated it would cost \$102 billion to transition the current cohort of young adults (a total of 2.58 million kids, teens, and young adults between the ages of 10 and 24) who believe they're trans. Right now, that's an untapped market, and it's quite clear the health care industry is chomping at the bit to get it going.

At present, insurance companies do not have to cover the cost of sex reassignment surgery, but that could soon change, as the Affordable Care Act website is actively encouraging trans people to sue for unlawful sex discrimination.¹⁹

What's Behind the Trans Agenda?

Jennifer Bilek | Who is Behind the TRANS AGENDA? https://youtu.be/tLXdogXbC6k (39 minutes)

In closing, it's worth noting that many of the same people who attacked circumcision and fought against body shaming are now promoting transgenderism, which seems to be dehumanizing to the point of self-mutilation.

In the video above, self-proclaimed feminist and investigative journalist Jennifer Bilek discusses the forces behind the trans movement and "gender-affirming medical care" for children.

In short, it's a stepping stone in the transhumanist agenda. Ultimately, the goal is to get rid of flesh and blood bodies altogether and have our existence either within a synthetic body or as disembodied avatar in cyberspace, or both.

Turning humanity into misgendered people incapable of natural reproduction is merely a first step in that direction. Next comes the melding of man with machine and artificial intelligence. Over time, the flesh and blood part of humans will be reduced while the synthetic parts will increase.

As explained by Bilek, the trans ideology promotes the idea that you can choose your gender, even though that is a biological impossibility, because that's a steppingstone to the grander ideology that you can exist without a body altogether, in cyberspace, where you can be whomever you want.

They want the younger generations to get comfortable with the idea that gender is fluid and based on how you feel, rather than what you are, as well as the idea that vou shouldn't want to reproduce, because human reproduction will be outsourced to the tech industry.

Over the past decade, Bilek notes, the trans argument has gone from "some people are born in the wrong body," to simply advocating for the right to augment yourself in whatever way you see fit, to add or strip yourself of whatever appendages you don't want. According to Bilek, it's a fetish-based cult, and seemingly rational people are buying into it, not understanding what it's all about.

I believe the transgender movement poses a severe threat to mental, emotional and physical health, and must be counteracted by level-headed discourse. How can anyone say they're concerned about children's health and welfare while simultaneously promoting irreversible surgeries that will pose lifelong risks to their health and render many of them sterile?

It's one thing to change a child's pronouns. It's another to cut off their breasts and penises just because they say they feel at odds with their — for now — elected gender. The very idea that a child should be allowed to decide with such lifelong implications as mutilating their sex organs is incomprehensibly negligent.

And when you consider the hidden motive behind this movement, it reinforces the anti-human, anti-humane nature of it, because children, who are our future, are being physically and psychologically sacrificed to further an ideology that seeks to destroy the human species and turn it into something it's not.

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